



MINISTÉRIO DA DEFESA NACIONAL AUTORIDADE MARÍTIMA NACIONAL

CAPITANIA DO PORTO DE

(MINISTRY OF DEFENSE - MARITIME AUTHORITY - CAPTAINCY OF PORT OF

EDITAL DE PRAIA 2025

(BEACH REGULATIONS)

• •	nder the terms of the Portuguese Law, namely: Article 13(8)(e) of I Decree-Law no. 159/2012, of 24 July, as amended by Decree-L	·
•	to da Orla Costeira - POOC) or Coastal Zone Programme (Program	
1. BEACH ASSISTANCE ZONE (BAZ)	h. Collaborate in rescue drills and awareness actions, upon	b. Crossing existing protective barriers on beaches, especiall
a. Beach Unit (BU)	request from the competent entities;	those intended to prevent access to areas marked wit
b. Beach name	i. Collaborate, exceptionally, and without prejudice to the fulfil-	danger or prohibition signs;
c. Concessionaire	ment of its priority duty of vigilance and assistance, in envi-	c. Non-compliance with established information signs, such a

a. Assistance for beach users 4. PROHIBITED ACTIVITIES

The assistance service for beach users is provided daily from _____ to _____ to hours.

Lunch period from 11h30m to 13h30m.

2. SERVICES AND REQUIREMENTS

b. Assistance and surveillance capacity

The assistance and surveillance capacity is provided by

Refer to the Integrated Rescue Plan (when approved) displayed at the Concession Holder or at the Captaincy.

c. Maritime Police (Local office (Picket) - H24)

c. Emergency and life-saving equipment

Under the terms of Annex A of Ordinance no. 311/2015, of 28 September (in its updated version by Ordinance no. 168/2016, of 16 July):



Flags and their meanings:

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	Green - bathing and swimming are permitted
	Yellow - be careful; swimming is prohibited
	Red - danger; keep out of the water
2000	Chequered - beach temporarily without lifeguard

Listed - Limit of safest bathing zone

3. LIFEGUARDS

Under the terms of Ordinance no. 311/2015 of 28 September, lifeguards are citizens qualified with a lifeguard course certified or recognized by the national Institute for Lifesaving (ISN). Lifeguards are responsible to provide safety, surveillance, rescue services, and basic life support, in a range of aquatic environments including ocean beaches, swimming pools and other places where aquatic practices with mandatory surveillance take place.

3.1 The duties of lifeguards

Without prejudice to other duties resulting from the law or from the contract, lifeguard is responsible for:

- a. Monitor the conduct of bathing, ensuring the surveillance of the water area equipped with rescue means;
- b. Assist and warn bathers about risk situations or dangers to their health or physical integrity, their own or others; c. Rescue bathers in situations of danger, emergency, or acci-
- dent; d. Maintain the necessary presence and proximity to their surveillance and rescue area during service hours;
- e. Wear a uniform, in accordance with current regulations, allowing identification by users and authorities that they are performing their duties;
- f. Report rescue situations to the competent authorities, administer first aid and immediately arrange for the intervention of those authorities for the evacuation of accident victims within the intervention area;
- g. Perform tasks corresponding to their functional activity and refuse any activities unrelated to their function of those authorities to evacuate the victims of accidents that occur in their intervention space;

- ronmental protection operations, as well as in accident prevention actions in public places, shows and entertainment
- Under the terms of articles 10 and 18 to 21 of Decree-Law no. 159/2012, of 24 July, in its updated version, in conjunction with the Territorial Management Instruments, in particular, POOC or applicable POC, the following specific public uses are prohibited:

with bathing places, upon request competent authorities.

- 4.1 Recreational, playful and / or non-economic activities
- a. Ball games or similar activities, outside the areas designated for such purposes;
- b. Camping outside camping areas;
- c. Recreational fishing, in bathing areas between sunrise and
- d. Water sports (surf, windsurf or similar) in areas which are restricted for swimming and bathing only;
- e. Carrying out any activity likely to alter beach morphology;
- f. The use of audio equipment or the generation of noise in a way that disturbs or causes discomfort to others;
- g. Carrying out any actions or activities that compromise the public use of beaches, except those strictly necessary for environmental or safety reasons;
- h. Carrying out any actions or activities that may endanger the safety or health of bathers or the biophysical integrity of the site, namely the destruction of vegetation and dunes;
- i. Collection of geological material, animal species, vegetation, and archaeological remains, except when integrated into duly authorized scientific activities;
- Circulation and access to the shore and parking of recreational and sports boats and nautical means outside the defined space-channels and demarcated areas:
- k. Boats, jet skis, and personal watercraft circulating on the water surface in areas designated for other purposes;
- I. Motorized aircraft flying below 1000 feet, except for those intended for surveillance and rescue operations and other recreational and sports aircraft, outside authorized crossing channels.

4.2 Economic activities

- a. Activities for economic purposes of plant harvesting and shellfishing outside the stipulated locations and seasonal periods;
- Exercise of street vending activities without prior licensing; c. Advertising activities without prior licensing and outside the demarcated areas or installed panels;
- 4.3 Other activities
- a. Circulating or remaining in prohibited areas;
- b. Circulating and parking motorized vehicles outside the established access routes and beyond the defined limits of parks and parking areas, except for vehicles related to prevention, rescue, maintenance, and other authorized vehi-
- c. Using parking lots and parking areas for other activities without prior licensing;
- d. Circulation and presence of animals outside authorized areas, except for trained or training assistance dogs, duly certified to accompany, guide, and assist people with disabilities;
- e. Opening new accesses, widening or paving existing ones unless intended for security or emergency services;
- f. Construction of new parking areas, widening or paving ex-
- g. Crossing existing protective barriers on beaches, especially those intended to prevent access to areas marked with danger or prohibition signs;
- h. Non-compliance with established information signs, such as flags, signs, buoys, and instructions given by lifeguards regarding situations that may endanger the safety of oth-
- Depositing or abandoning any waste, glass objects, or sharp materials outside the proper receptacles;
- j. Making fire. 5. BEACH ASSISTANCE ZONE (BAZ) USERS
- 5.1 BAZ users incur an administrative fine from €30 to €100 (paragraphs a. and b.) and from €55 to €550 (paragraphs c. and d.) if:
- a. Remaining in prohibited areas or using them for any purpose or activity, including access, crossing, or walking;

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- flags, signs, buoys, the rules contained in this notice, and the instructions given by lifeguards regarding situations that may endanger the safety of others;
- d. Non-compliance with the legal limitations established for motorized and non-motorized nautical activities or practicing such activities outside the determinations of maritime authorities.
- 5.2 BAZ users incur an administrative fine from €250 to €1,000 (paragraph a.) and from €250 to €2,500 (paragraph b.) if:
- a. Destruction, damage, dislocation, or removal of the beach signs or protection barriers;
- b. Operation and parking of motorized vehicles, namely cars, motorbikes, tricycles, and quadricycles on beaches, sand dunes and cliffs, outside the places especially designated for that purpose.
- 5.3 If a corporate person commits the administrative offence, the lower and upper limits of the aforementioned administrative fines may be raised, as established by law.
- 6. SUPERVISION, ADMINISTRATIVE OFFENCE AND PRO-**CEDURAL DECISION**
- a. Administrative Offence Regime (according to Decree-Law no. 96-A/2006, of 2 June, in its updated version, and Decree -Law no. 159/2012, of 24 July, in its updated version (which regulates POOC));
- b. The local bodies of the National Maritime Authority and the police or administrative authorities competent by reason of the matter or area of jurisdiction are responsible for supervision;
- c. The instruction and decision of administrative offense proceedings are responsibility of the Port Captain of the jurisdiction area, the territorially competent local authority, or the administrative authorities competent by reason of the matter or area of jurisdiction.

7. OTHER PROVISIONS

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Captain of the Port,	
	